

## 2016 Florida Swimming LCM Senior Championships July 21-24, 2016

Meet Host: Indian River College and Indian River Aquatics

Location: 3209 Virginia Avenue, Fort Pierce, FL 34981

Meet Format: 50 Meter Course  
Prelims/Finals – Senior Swimmers

Eligibility: This is a USA Swimming sanctioned meet that is open to any YCF Competitive and National Track swimmers with qualifying times per event

Schedule:

Thursday Times Finals	Warm up:	4:00 pm	Meet Starts:	5:30 pm
Friday Prelims	Warm up:	7:00 am	Meet Starts:	9:00 am
Friday Finals	Warm up:	4:00 PM	Meet Starts:	5:30 pm
Saturday Prelims	Warm up:	7:00 am	Meet Starts:	9:00 am
Saturday Finals	Warm up:	4:00 PM	Meet Starts:	5:30 pm
Sunday Prelims	Warm up:	7:00 am	Meet Starts:	9:00 am
Sunday Finals	Warm up:	3:00 PM	Meet Starts:	4:30 pm

**PLEASE arrive on deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**

Events: Please see the event list posted at [ycfswimming.org](http://ycfswimming.org). Our coaches will make all event selections per team policy, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.

Entry Limit: No more than three (3) individual events a session with a maximum of six (6) individual events for the meet.

Entry Fees: The entry fees below include all individual, relay, facility and team fees:

- \$6.00 per individual event
- \$23.00 broadcast, facility, LSC & YCF surcharge fees

Payment Note: By signing up online for this meet, you agree to pay all related entry fees as listed above and authorize the YMCA of Central Florida to send you an electronic invoice or post a balance sheet for the total due. **(Please do not pay for entry fees at your family center)**. You also acknowledge that entry fee charges are non-refundable regardless of illness, injury or any reason that may not allow you to participate in this meet. Swimmers who sign up but then fail to attend the meet for any reason will still be charged for their entry fees.

Entry Deadline: All interested and eligible YCF swimmers must be entered through your coach **no later than Wednesday, July 13 at 12:00pm.**

Awards:

Team	Championship and Runner up Trophy	
Individual Events	Medals: 1 <sup>st</sup> – 3 <sup>rd</sup>	Ribbons: 4 <sup>th</sup> – 8 <sup>th</sup>
Relay Events	Medals: 1 <sup>st</sup> – 3 <sup>rd</sup>	
High Point	1 <sup>st</sup> Place for each age group and gender	

Apparel: All attending swimmers and parents should wear their choice YCF shirt on Thursday, their **black** YCF Swimming t-shirt on Friday, their **blue** YCF Swimming t-shirt on Saturday and their **red** YCF Swimming t-shirt on Sunday.

Facility Note: As a USA Swimming sanctioned event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for the safety of our swimmers and we appreciate your help and understanding with this policy.