

2016 NCSA Age-Group Championships March 22-25, 2016

- Meet Host: YMCA of Central Florida
- Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819
- Meet Format: 25 yard Course
Prelim/Finals* (all 11-14-year-old)
Timed Finals (all 10&Unders)
- * The top twenty-four swimmers from each event will return for finals in the following format:
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| Championship Heat | Top 8 Qualifiers |
| Consolation 1 | Next 8 fastest swimmers at the top of their age group (12-year-old and 14-year-old swimmers in their respective age groups) |
| Consolation 2 | Next 8 fastest swimmers at the bottom of their age group (11-year-old and 13-year-old swimmers in their respective age groups) |
- Finals Note: Per YCF team policy, we do not allow swimmers who qualify for Finals to scratch except for unexpected medical reasons, therefore all YCF swimmers who qualify for Finals will be expected to attend.
- Eligibility: This meet is open to all USA Swimming registered athletes who are USA Citizens and have the necessary qualifying times for the meet.
- Schedule:
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| Tuesday-Friday Prelims (11-14): | Warm up – 6:00 am | Meet Starts – 8:30 am |
| Tuesday-Friday Mid-Day (10 & U): | Warm up – 1:00 pm | Meet Starts – 2:00 pm |
| Tuesday-Friday Finals (11-14): | Warm up – 4:00 pm | Meet Starts – 5:30 pm |
- PLEASE arrive on deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**
- Events: Please see the event list posted at ycfswimming.org. Our coaches will make all event selections per team policy, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.
- Entry Limit: All swimmers may enter ten (10) individual events per day for the meet, but no more than three (3) individual events per day. Any swimmer with one (1) qualifying time may enter up to five (5) bonus events. The following events are not eligible to be enter for bonus swims: 400 IM, 500 Free and 1650 Free. All qualifying times must be achieved between January 1, 2015 and March 15, 2016.
- Entry Fees: The entry fees for this meet will be covered entirely by YCF.
- Awards:
- | | | |
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| Individual Events: | Medals | 1 st – 8 th |
| | Ribbons | 9 th – 16 th for both Consolation Heats |
| Relay Events: | Medals | 1 st – 8 th |
- Concessions: Subway will have a portable store at this meet for all your concession needs.

Apparel: All attending swimmers and parents should wear any YCF Shirt on Tuesday, their **black** YCF Swimming t-shirt on Wednesday, their **blue** YCF Swimming t-shirt on Thursday and their **red** YCF Swimming t-shirt on Friday.

Facility Note: As a USA Swimming approved event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for the safety of our swimmers and we appreciate your help and understanding with this policy.