

2016 Southern Zone South Sectional Championships July 7-10, 2016

- Meet Host: YMCA of Central Florida
- Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819
- Meet Format: 50 Meter Course
Prelims/Finals
- Eligibility: This is a USA Swimming sanctioned meet that is open to any YCF Competitive and National Track swimmers with the qualifying time standard in each event.
- Schedule:
- | | | | | |
|-----------------------|----------|---------|--------------|---------|
| Thursday Timed Finals | Warm up: | 3:30 pm | Meet Starts: | 5:00 pm |
| Friday Prelims | Warm up: | 6:30 am | Meet Starts: | 9:00 am |
| Friday Finals | Warm up: | 3:30 pm | Meet Starts: | 5:00 pm |
| Saturday Prelims | Warm up: | 6:30 am | Meet Starts: | 9:00 am |
| Saturday Finals | Warm up: | 3:30 pm | Meet Starts: | 5:00 pm |
| Sunday Prelims | Warm up: | 6:30 am | Meet Starts: | 9:00 am |
| Sunday Finals | Warm up: | 2:30 PM | Meet Starts: | 4:00 pm |
- PLEASE arrive on deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**
- Events: Please see the event list at the end of this announcement. Our coaches will make all event selections per team policy, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.
- Entry Limit: No more than three (3) individual events per day with a maximum of six (6) individual events for the meet.
- Entry Fees: The entry fees below include all individual, relay, facility and team fees:
- \$10.00 per individual event
 - \$15.00 meet & YCF surcharge fees
- Payment Note: By signing up online for this meet, you agree to pay all related entry fees as listed above and authorize the YMCA of Central Florida to send you an electronic invoice or post a balance sheet for the total due. **(Please do not pay for entry fees at your family center)**. You also acknowledge that entry fee charges are non-refundable regardless of illness, injury or any reason that may not allow you to participate in this meet. Swimmers who sign up but then fail to attend the meet for any reason will still be charged for their entry fees.
- Entry Deadline: All interested and eligible YCF swimmers must be entered through your coach **no later than Monday, July 4 at 12:00pm.**

Awards: Individual Events 1st – 8th
 Relay Events 1st – 3rd
 Team Award Combined: 1st – 3rd
 Women: 1st – 3rd
 Men: 1st – 3rd
 High Point Top Male and Female

Concessions: Subway will be on hand for your concession needs.

Apparel: All attending swimmers and parents should wear their choice YCF Swimming t-shirt on Thursday, their **black** YCF Swimming t-shirt on Friday, their **blue** YCF Swimming t-shirt on Saturday and their **red** YCF Swimming t-shirt on Sunday.

Facility Note: As a USA Swimming sanctioned event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for the safety of our swimmers and we appreciate your help and understanding with this policy.

ORDER OF EVENTS

Thursday, July 7

Warm up: 3:30 pm Meet Starts: 5:00 pm

Women	SCY	LCM	Event	LCM	SCY	Men
1			Senior 1500 Free*			
			Senior 800 Free*			2
3			Senior 200 Medley Relay*			4
5			Senior 200 Free Relay*			6
7			Senior 200 Mixed Medley Relay*			
			Senior 200 Mixed Free Relay*			8

***Events 1-8 will be deck seeded. Positive check in required. Events 3-8 will be swum at the conclusion of Events 1-2 but not before 7 pm. There will be at least a 5-minute break after Events 4, 6, and 7.**

Friday, July 8

Prelims: Warm up – 6:30 am Meet Starts – 9:00 am
 Finals: Warm up – 3:30 pm Meet Starts – 5:00 pm

Women			Event			Men
9			Senior 200 Free			10
11			Senior 100 Breast			12
13			Senior 50 Back			14
15			Senior 100 Fly			16
17			Senior 400 IM			18
19			Senior 800 Free Relay**			20

****All relays will be swum at the conclusion of finals.**

Saturday, July 9

Prelims: Warm up – 6:30 am Meet Starts – 9:00 am

Finals: Warm up – 3:30 pm Meet Starts – 5:00 pm

Women			Event			Men
21			Senior 100 Back			22
23			Senior 50 Breast			24
25			Senior 50 Butterfly			26
27			Senior 200 IM			28
29			Senior 50 Free			30
31			Senior 400 Free			32
33			Senior 400 Medley Relay**			34

****All relays will be swum at the conclusion of finals.**

Sunday, July 10

Prelims: Warm up – 6:30 am Meet Starts – 9:00 am

Finals: Warm up – 2:30 pm Meet Starts – 4:00 pm

Women			Event			Men
35			Senior 200 Butterfly			36
37			Senior 100 Free			38
39			Senior 200 Breast			40
41			Senior 200 Back			42
43			Senior 400 Free Relay*			44
45			Senior 800 Free**			
			Senior 1500 Free**			46

***All relays will be swum at the conclusion of finals.**

****These events are deck seeded events and swum as timed finals. Positive check-in required. The fastest each of each event will be swum at finals.**