

2016 YCF Summer Solstice Invitational June 17-19, 2016

Meet Host: YMCA of Central Florida

Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819

Meet Format: 50 Meter Course
Prelims/Finals – 13 and older swimmers
Timed Finals – 12 and younger swimmers

Eligibility: This is a USA Swimming sanctioned meet that is open to any YCF Competitive and National Track swimmers.

Schedule:	Friday Prelims	Warm up:	7:00 am	Meet Starts:	8:00 am
	Friday Timed Finals	Warm up:	Noon	Meet Starts:	12:30 pm
	Friday Finals	Warm up:	4:30 PM	Meet Starts:	5:30 pm
	Saturday Prelims	Warm up:	7:00 am	Meet Starts:	8:00 am
	Saturday Timed Finals	Warm up:	Noon	Meet Starts:	12:30 pm
	Saturday Finals	Warm up:	4:30 PM	Meet Starts:	5:30 pm
	Sunday Prelims	Warm up:	7:00 am	Meet Starts:	8:00 am
	Sunday Timed Finals	Warm up:	Noon	Meet Starts:	12:30 pm
	Sunday Finals	Warm up:	4:30 PM	Meet Starts:	5:30 pm

PLEASE arrive on deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.

Events: Please see the event list at the end of this announcement. Our coaches will make all event selections per team policy, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.

Entry Limit: No more than three (3) individual events a session with a maximum of nine (9) individual events for the meet.

Entry Fees: The entry fees below include all individual, relay, facility and team fees:

- One day of competition = \$29 (12&unders) or \$35 (13&overs)
- Two days of competition = \$41 (12&unders) or \$53 (13&overs)
- Three days of competition = \$53 (12&unders) or \$71 (13&overs)

Volunteer Responsibility: As a YCF hosted event and major team fundraiser for ALL of our YCF sites, we NEED the volunteer help of all of our YCF parents in order to successfully run this meet, (over 35 volunteers per session to be exact). Fundraising events like this keep our monthly program dues low and allow us to hold a minimal amount of fundraisers outside of hosting swim meets. Therefore, all YCF families are required to either volunteer a minimum of one (1) session per entered swimmer or add \$25 per entered swimmer to your entry fees to assist in hiring the needed meet help. There is no experience necessary to volunteer and all volunteers will be assigned to either lane timing, meet operations, (i.e. 'deck runner') or hospitality provider. You will have the option to select your area of preference but we will assign all volunteers based on the biggest needs for each session. We thank you in advanced for your help!

- Payment Note:** By signing up online for this meet, you agree to pay all related entry fees as listed above and authorize the YMCA of Central Florida to send you an electronic invoice or post a balance sheet for the total due. **(Please do not pay for entry fees at your family center)**. You also acknowledge that entry fee charges are non-refundable regardless of illness, injury or any reason that may not allow you to participate in this meet. Swimmers who sign up but then fail to attend the meet for any reason will still be charged for their entry fees.
- Entry Deadline:** All interested and eligible YCF swimmers must be entered through the sign up link on our team website, (www.ycfswimming.org under Schedules->Meets & Outings). **All entries must be received by 9:00pm on Tuesday, June 7.** Late entries will not be accepted.
- Awards:**
- | | | |
|-------------------|--|---|
| Individual Events | Medals: 1 st – 3 rd | Ribbons: 4 th – 16 th |
| Relay Events | Ribbons: 1 st – 3 rd | |
| High Point | 1 st Place and Runner up | |
- Concessions:** Subway will be on hand for your concession needs.
- Apparel:** All attending swimmers and parents should wear their **black** YCF Swimming t-shirt on Friday, their **blue** YCF Swimming t-shirt on Saturday and their **red** YCF Swimming t-shirt on Sunday.
- Facility Note:** As a USA Swimming sanctioned event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for the safety of our swimmers and we appreciate your help and understanding with this policy.

ORDER OF EVENTS

Friday, June 17

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women			Event			Men
1			Senior 200 Free Relay*			2
3			13-14 200 Free Relay*			4
5			Senior 100 Free			6
7			13-14 100 Free			8
9			Senior 200 Back			10
11			13-14 200 Back			12
13			Senior 50 Back			14
15			Senior 200 Breast			16
17			13-14 200 Breast			18
19			Senior 50 Breast			20
			BREAK (10 minutes)			
21			Senior 400 IM**			22
23			13-14 400 IM**			24

*These relay events will be timed finals with all relays swimming in prelims.

**The Senior 400 IM and 13-14 400 IM are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.

Friday, June 17

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
25			10 & Under 200 Free			26
27			11-12 200 Free			28
29			8 & Under 100 Free			30
31			10 & Under 50 Butterfly			32
33			11-12 50 Butterfly			34
35			8 & Under 50 Butterfly			36
37			10 & Under 100 Breast			38
39			11-12 100 Breast			40
41			10 & Under 400 Free*			42

*The 10 & Under 400 Free will be seeded slowest to fastest and requires a positive check-in.

Saturday, June 18

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women		Event		Men
43		Senior 200 Medley Relay*		44
45		13-14 200 Medley Relay*		46
47		Senior 200 Butterfly		48
49		13-14 200 Butterfly		50
51		Senior 50 Butterfly		52
53		Senior 100 Back		54
55		13-14 100 Back		56
57		Senior 50 Free		58
59		13-14 50 Free		60
		BREAK (10 minutes)		
61		Senior 400 Free**		62
63		13-14 400 Free**		64

***These relay events will be timed finals with all relays swimming in prelims.**

****The Senior 400 Free and 13-14 400 Free are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.**

Saturday, June 18

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women		Event		Men
65		11-12 200 Medley Relay		66
67		10 & Under 200 Medley Relay		68
69		11-12 100 Butterfly		70
71		10 & Under 100 Butterfly		72
73		11-12 100 Back		74
75		10 & Under 100 Back		76
77		8 & Under 50 Free		78
79		11-12 50 Free		80
81		10 & Under 50 Free		82
83		11-12 400 Free*		84

***The 11-12 400 Free will be seeded slowest to fastest and requires positive check-in.**

Sunday, June 19

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women			Event			Men
85			Senior 200 Free			86
87			13-14 200 Free			88
89			Senior 100 Butterfly			90
91			13-14 100 Butterfly			92
93			Senior 100 Breast			94
95			13-14 100 Breast			96
97			Senior 200 IM			98
99			13-14 200 IM			100

Sunday, June 19

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women			Event			Men
101			11-12 200 Free Relay			102
103			10 & Under 200 Free Relay			104
105			11-12 100 Free			106
107			10 & Under 100 Free			108
109			11-12 50 Back			110
111			10 & Under 50 Back			112
113			8 & Under 50 Back			114
115			11-12 50 Breast			116
117			10 & Under 50 Breast			118
119			8 & Under 50 Breast			120
121			11-12 200 IM			122
123			10 & Under 200 IM			124