

2016 YCF Summer Solstice Invitational
Hosted by YMCA of Central Florida
June 17-19, 2016
YMCA Aquatic Center
8422 International Drive
Orlando, FL 32819

Florida Swimming of USA Swimming: Sanction #3695

“In granting approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities for claims and damages arisen by reason of injuries to anyone during the conduct of the event.”

MEET DIRECTOR	MEET ENTRY COORDINATOR
Mike Brady (407) 363-1911 x247 mbrady@cfymca.org	Billy and Victoria Culbertson meet.support@sportstiming.com
MEET REFEREE	MEET MARSHALL
John Russo Jrusso34@gmail.com	Alan Pfau (407) 363-1911 x233 apfau@cfymca.org

FACILITY

Competition course is 8 lane 50-meter pool. Water depth at the competition start end is a minimum of 7 feet and the turn end is a minimum of 7 feet. Non-turbulent lane lines and regulation starting blocks will be used. Warm up and warm down will be available in an 8 lanes 25 yard diving well. A Colorado timing system with automatic touch pads and backup buttons will be used. In addition, there is a full color alpha-numeric dual 8 lane LED scoreboard that will be used.

MEET FORMAT

The meet will be held in a 50-meter course. It is a 3-day prelim/final format for 13 and older swimmers. The fastest sixteen (16) qualifiers will return for finals for the 13-14 individual events and the fastest twenty-four (24) qualifiers will return for finals for the Senior individual events, except for the 400 free and 400 individual medley events which are timed final with the fastest sixteen (16) swimmers competing during finals. The meet is timed finals for 12 and under events. All relays will be conducted as timed finals during the morning preliminary session for 13-14 and senior, and during the afternoon timed finals session for 10 & under and 11-12. Order of finals will be C then B then A. Deck seeded events will be swum fastest to slowest in preliminaries for 13 and over and senior events, but seeded slowest to fastest in the timed final sessions for 12 and under events. Deck seeded events in finals will be swum slow to fast as B heat followed by A heat. Meet management may opt to use fly-over starts or chase starts where deemed appropriate at this competition.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Prelims	7:00 am	8:00 am	13 & Older
2	Friday Timed Finals	Not before Noon	1:00 pm	12 & Under
3	Friday Finals	4:30 pm	5:30 pm	13 & Older
4	Saturday Prelims	7:00 am	8:00 am	13 & Older
5	Saturday Timed Finals	Not before Noon	1:00 pm	12 and Under
6	Saturday Finals	4:30 pm	5:30 pm	13 & Older
7	Sunday Prelims	7:00 am	8:00 am	13 & Older
8	Sunday Timed Finals	Not before Noon	1:00 pm	12 & Under
9	Sunday Finals	4:30 pm	5:30 pm	13 & Older

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Thursday, June 9	9:00 pm	Entry deadline
Friday, June 17	7:00 am	Official Briefings
Friday, June 17	7:30 am	Coach's Meeting
Friday, June 17	7:30 am	Timer's Meeting
Friday, June 17	7:45 am	Positive Check-in for: 13-14 and Senior 400 IM
Friday, June 17	Noon	Official Briefings
Friday, June 17	12:30 pm	Timer's Meeting
Friday, June 17	12:45 pm	Positive Check-in for: 10 & Under 400 Free
Friday, June 17	4:30 pm	Official Briefings
Friday, June 17	5:00 pm	Timer's Meeting
Saturday, June 18	7:00 am	Official Briefings
Saturday, June 18	7:30 am	Timer's Meeting
Saturday, June 18	7:45 am	Positive Check-in for: 13-14 and Senior 400 Free
Saturday, June 18	Noon	Official Briefings
Saturday, June 18	12:30 pm	Timer's Meeting
Saturday, June 18	12:45 pm	Positive Check-in for: 11-12 400 Free
Saturday, June 18	4:30 pm	Official Briefings
Saturday, June 18	5:00 pm	Timer's Meeting
Sunday, June 19	7:00 am	Official Briefings
Sunday, June 19	7:30 am	Timer's Meeting
Sunday, June 19	Noon	Official Briefings
Sunday, June 19	12:30 pm	Timer's Meeting
Sunday, June 19	4:30 pm	Official Briefings
Sunday, June 19	5:00 pm	Timer's Meeting

CODE OF SANCTION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The completion course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
RULES	Current USA Swimming rules will govern the meet. Fly-over starts and Chase starts may be used.
CAMERA ZONES	Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or race competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of the pool, team gathering areas, concession areas, turn end of the competition course when not in use as a "start-end", etc. Meet Management shall designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
ELIGIBILITY	This meet is open to all currently registered USA Swimming swimmers. On deck registration will not be allowed.
ENTRIES	Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries should be uploaded to the Sports Timing & Software, Inc. website (www.sportstiming.com). Click on Meets and then click on YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation upon submitting your entries. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com .
DECK ENTRIES	Deck entries may be accepted by the Meet Referee or his/her designee, up to 45 minutes before the start of the session under the following conditions: <ul style="list-style-type: none"> -Fees must be paid at the time of the entry (at double the entry fee). -Facility fee must be paid unless the swimmer is already entered. -A swimmer may not scratch an event to deck enter an event.
ENTRY LIMITATIONS	The meet will be limited to either the first 600 swimmers received and/or the team who puts the timeline longer than 4 hours per session. Swimmers are limited to three (3) individual events per day or a maximum of eight (9) individual events for the meet plus relays. For relay events, only two relay entries per team is allowed.

ENTRY DEADLINES

Entries must be received by 9:00 pm on Thursday, June 9, 2016 using the submission process detailed below. No phone or fax entries accepted.

To submit your entries, go to www.sportstiming.com, click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com.

ENTRY FEES

Make checks payable to: YMCA of Central Florida - All fees are non-refundable	
Individual Event	\$6.00 per Prelim/Final Event \$4.00 per Timed Final Event
Relays	\$10.00 per relay
Facility Surcharge	\$15.00 per swimmer
Electronic Heat Sheet Fee	\$2.00 per swimmer
Late Entry Fee	Double the above entry fees

OFFICIALS

Meet Referee	John Russo
Admin	Victoria Culbertson
Starter	Robyn Anthony
Stroke and Turn	Lisa Smoak
Meet Marshall	Alan Pfau
Meet Director	Mike Brady

VISITING OFFICIALS

Visiting teams are encouraged to bring USA-S certified Florida Swimming (or other LSC) officials to assist with officiating the meet. Teams should email names and certification levels of their team officials to:

ranthony@cfymca.org

SEEDING

50-Meter-long course times will be used for seeding. Conversions may be made using the formula in the current Florida Swimming Handbook.

CHECK-IN

A positive check-in will be required for the following events:

- Senior 400 IM
- 13-14 400 IM
- 10 and under 400 Free
- Senior 400 Free
- 13-14 400 Free
- 11-12 400 Free

****Check in for the above events will be as stated in the Deadline and Meet Summary Section.**

SCRATCHES

PRELIMS – There is no penalty for scratching on the block in the Preliminary events with the exception of deck-seeded events. Any swimmer entered in an individual event that is “deck seeded” who has checked in for the event, must swim the event unless he/she notifies the clerk of course before the seeding for that event has begun, that he/she wishes to scratch. Failure to do so and not swim will result in the swimmer being barred (scratched) from the next individual event (preliminary or timed final) in which the swimmer is entered. Declared false starts will be accepted from the swimmer prior to the start of the heat.

FINALS – Any swimmer who competes in a preliminary heat and qualifies for either championship or consolation finals and fails to swim in the final without notifying the Meet Referee that he/she may withdraw from the finals within thirty (30) minutes after the announcement of qualifiers for that event and further fails to declare his/her final intention within thirty (30) minutes of his/her last individual preliminary event, will be penalized by being automatically scratched from their next individual final or individual event, whichever occurs first. The Referee may insert the next eligible swimmer into Finals or Consolation Finals once a “failure to swim” is declared and in any vacant lanes resulting from the penalty. Declared False Starts in Finals will be considered a “failure to swim” and will draw the same penalty. In the event of an illness or injury, certified to the satisfaction of the Meet Referee, there will be no penalty.

SCORING

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.

AWARDS

Individual: Medals 1st – 3rd Ribbons 4th – 16th

Relays: Ribbons 1st – 3rd

High Point: 1st Place and runner up

TEAM REP

Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach will be recognized.

COACHES/OFFICIALS

All coaches and officials on deck must be registered and certified with USA Swimming. Coaches and officials shall wear USA Swimming registration cards in a conspicuous location at all times while on deck during the meet. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coach’s meetings. Official Briefings will be held prior to each session at the times listed in the Deadline and Meeting Summary.

ADAPTED SWIMMERS Swimmers with disabilities are welcome to enter the meet. Coaches:

1. Enter the swimmers on Hy-Tek or paper form.
2. Provide advanced notice on any necessary accommodations
3. List the email with the entries (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions and how the swimmer prefers to be seeded.

Swimmers with disability will be seeded with the same age group either the same distance race or a longer distance race (i.e. 400 Free during the 100 Free). Qualifying time standards at regular season meets are waived for swimmers with disability. For more information, please contact the Meet Referee.

MEET COMMITTEE A committee consisting of the Meet Director, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of any situation requiring a decision of the Committee regarding the meet. The Committee will meet as needed.

WARM-UP In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. This will be provided via email and posted on the YCF Swimming website prior to the meet. The Referee/Marshall may alter warm up procedures to meet the needs of the swimmers. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down in the Diving Well. **NO EQUIPMENT IS PERMITTED AND SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.**

INFORMATION For more information, please contact Mike Brady at (407) 363-1911 x247 or mbrady@cfymca.org.

ORDER OF EVENTS

Friday, June 17

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women			Event			Men
1			Senior 200 Free Relay*			2
3			13-14 200 Free Relay*			4
5			Senior 100 Free			6
7			13-14 100 Free			8
9			Senior 200 Back			10
11			13-14 200 Back			12
13			Senior 50 Back			14
15			Senior 200 Breast			16
17			13-14 200 Breast			18
19			Senior 50 Breast			20
			BREAK (10 minutes)			
21			Senior 400 IM**			22
23			13-14 400 IM**			24

*These relay events will be timed finals with all relays swimming in prelims.

**The Senior 400 IM and 13-14 400 IM are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.

Friday, June 17

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
25			10 & Under 200 Free			26
27			11-12 200 Free			28
29			8 & Under 100 Free			30
31			10 & Under 50 Butterfly			32
33			11-12 50 Butterfly			34
35			8 & Under 50 Butterfly			36
37			10 & Under 100 Breast			38
39			11-12 100 Breast			40
41			10 & Under 400 Free*			42

*The 10 & Under 400 Free will be seeded slowest to fastest and requires a positive check-in.

Saturday, June 18

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women		Event		Men
43		Senior 200 Medley Relay*		44
45		13-14 200 Medley Relay*		46
47		Senior 200 Butterfly		48
49		13-14 200 Butterfly		50
51		Senior 50 Butterfly		52
53		Senior 100 Back		54
55		13-14 100 Back		56
57		Senior 50 Free		58
59		13-14 50 Free		60
		BREAK (10 minutes)		
61		Senior 400 Free**		62
63		13-14 400 Free**		64

***These relay events will be timed finals with all relays swimming in prelims.**

****The Senior 400 Free and 13-14 400 Free are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.**

Saturday, June 18

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women		Event		Men
65		11-12 200 Medley Relay		66
67		10 & Under 200 Medley Relay		68
69		11-12 100 Butterfly		70
71		10 & Under 100 Butterfly		72
73		11-12 100 Back		74
75		10 & Under 100 Back		76
77		8 & Under 50 Free		78
79		11-12 50 Free		80
81		10 & Under 50 Free		82
83		11-12 400 Free*		84

***The 11-12 400 Free will be seeded slowest to fastest and requires positive check-in.**

Sunday, June 19

Prelims: Warm up – 7:00 am Meet Starts – 8:00 am

Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm

Women			Event			Men
85			Senior 200 Free			86
87			13-14 200 Free			88
89			Senior 100 Butterfly			90
91			13-14 100 Butterfly			92
93			Senior 100 Breast			94
95			13-14 100 Breast			96
97			Senior 200 IM			98
99			13-14 200 IM			100

Sunday, June 19

Timed Finals: Warm up – Not before Noon Meet Starts – Not before 12:30 pm

Women			Event			Men
101			11-12 200 Free Relay			102
103			10 & Under 200 Free Relay			104
105			11-12 100 Free			106
107			10 & Under 100 Free			108
109			11-12 50 Back			110
111			10 & Under 50 Back			112
113			8 & Under 50 Back			114
115			11-12 50 Breast			116
117			10 & Under 50 Breast			118
119			8 & Under 50 Breast			120
121			11-12 200 IM			122
123			10 & Under 200 IM			124

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Team Name _____ Call Letters _____
 Address _____
 City _____ State _____ Zip _____
 Coach _____ LSC _____ Phone _____
 Email _____

Swimmer / Coach Registration

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on the deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-Athlete Member.

_____	_____	_____
Signature	Team	Date
(must be USA Swimming Non-Athlete Member)		

Entries must be received by 9:00 pm on Thursday, June 9, 2016. Please submit entries to:

Go to www.sportstiming.com , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to meet.support@sportstiming.com.

Financial Recap

We have entered the following:

Facility Fee per prelim/final swimmer	_____ @ \$15.00 =	\$ _____
Individual timed final entries	_____ @ \$3.00 =	\$ _____
Individual prelim/final entries	_____ @ \$4.00 =	\$ _____
Relay entries	_____ @ \$5.00 =	\$ _____
Electronic heat sheet per swimmer	_____ @ \$2.00 =	\$ _____
TOTAL ENTRY FEES PAID		\$ _____