

## **2017 YCF & STAR Winter Dual January 7, 2017**

Meet Host: YMCA of Central Florida

Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819

Meet Format: 25-yard course  
Timed Finals

Eligibility: This is a USA Swimming sanctioned meet that is open to any YCF Competitive and National Track swimmer.

Schedule: Saturday AM Warm up: 8:00 am Meet Starts: 9:00 am  
Saturday PM Warm up: 4:00 pm Meet Starts: 5:00 pm

**PLEASE arrive on deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**

Events: Please see the event list at the end of this announcement. Our coaches will make all event selections per team policy, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.

Entry Limit: No more than three (3) individual events a session with a maximum of six (6) individual events for the meet.

Entry Fees: The entry fees below include all individual, relay, facility and team fees:  
- One session of competition = \$29  
- Two sessions of competition = \$35

**NEW** Volunteer Responsibility: As a YCF hosted event and major team fundraiser for ALL of our YCF sites, we NEED the volunteer help of all of our YCF parents in order to successfully run this meet, (over 45 volunteers per session to be exact). Fundraising events like this keep our monthly program dues low and allow us to hold a minimal amount of fundraisers outside of hosting swim meets.

Therefore, all YCF families are required to **choose one of the following for YCF hosted meets:**

- Volunteer one (1) session for every entered session up to a max of two (2) sessions per family.
- Add \$25 per entered session up to a max of \$50 per family to assist in hiring the needed meet help.
- If entered in more than one meet session, families may opt to combine the above options by working one (1) session and adding \$25 to your entry fee.

There is no experience necessary to volunteer and all volunteers will be assigned to either lane timing, meet operations, (i.e. 'deck runner') or hospitality provider based on the biggest needs for each session. We thank you in advanced for your help!

- Payment Note: By signing up online for this meet, you agree to pay all related entry fees as listed above and authorize the YMCA of Central Florida to send you an electronic invoice or post a balance sheet for the total due. **(Please do not pay for entry fees at your family center)**. You also acknowledge that entry fee charges are non-refundable regardless of illness, injury or any reason that may not allow you to participate in this meet. Swimmers who sign up but then fail to attend the meet for any reason will still be charged for their entry fees.
- Entry Deadline: All interested and eligible YCF swimmers must be entered through the sign up link on our team website, ([www.ycfswimming.org](http://www.ycfswimming.org) under Schedules->Meets & Outings). **All entries must be received by 12:00pm on Thursday, December 5.** Late entries will not be accepted.
- Awards/Concessions: There will be no awards or concessions available at this meet.
- Apparel: All attending swimmers and parents should wear their **blue** YCF t-shirt.
- Facility Note: As a USA Swimming sanctioned event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations. We appreciate your help and understanding with this policy.

## ORDER OF EVENTS

**Saturday, January 7      Session 1**  
**Warm up – 8:00 am      Meet Starts – 9:00 am**

Women			Event			Men
1			10 & Under 100 IM			2
3			11-12 100 IM			4
5			Senior 200 IM			6
7			10 & Under 50 Free			8
9			11-12 50 Free			10
11			Senior 200 Free			12
13			10 & Under 100 Fly			14
15			11-12 100 Fly			16
17			Senior 100 Fly			18
19			10 & Under 100 Back			20
21			11-12 100 Back			22
23			Senior 100 Back			24
25			10 & Under 50 Breast			26
27			11-12 50 Breast			28
29			Senior 200 Breast			30
31			10 & Under 200 Free			32
33			11-12 500 Free*			34
35			Senior 1650 Free*			36

**\*Positive Check-In Required**

**Saturday, January 7      Session 2**  
**Warm up – 4:00 pm      Meet Starts – 5:00 pm**

Women			Event			Men
37			13 & Over 50 Free			38
39			Open 200 IM			40
41			13 & Over 400 IM*			42
43			Open 100 Free			44
45			13 & Over 100 Free			46
47			Open 100 Breast			48
49			13 & Over 100 Breast			50
51			Open 200 Free			52
53			13 & Over 500 Free*			54
55			Open 50 Back			56
57			13 & Over 200 Back			58
59			Open 50 Fly			60
61			13 & Over 200 Fly			62

**\*Positive Check-In Required**