

**2017 YCF Summer Solstice Invitational**  
**Hosted by YMCA of Central Florida**  
**June 16-18, 2017**

YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819

Florida Swimming of USA Swimming: Sanction #4058

“In granting approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities for claims and damages arisen by reason of injuries to anyone during the conduct of the event.”

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Mike Brady (407) 363-1911 x247 mbrady@cfymca.org	Billy Culbertson meet.support@sportstiming.com
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Dave Nesper (321) 377-2976 dnesper68@gmail.com	Alan Pfau (407) 363-1911 x233 apfau@cfymca.org

**FACILITY**

Competition course is 8 lane 50-meter pool. Water depth at the competition start end is a minimum of 7 feet and the turn end is a minimum of 7 feet. Non-turbulent lane lines and regulation starting blocks will be used. Warm up and warm down will be available in an 8 lanes 25 yard diving well. A Colorado timing system with automatic touch pads and backup buttons will be used. In addition, there is a full color alpha-numeric dual 8 lane LED scoreboard.

**MEET FORMAT**

The meet will be held in a 50-meter course. The meet is timed finals for 10 and under swimmers and prelim/final format for 11 and older swimmers.

- Senior- the fastest twenty-four (24) qualifiers will return for finals, except for the 400 free and 400 individual medley events which are timed final with the fastest sixteen (16) swimmers competing during evening finals.
- 13-14- the fastest sixteen (16) qualifiers will return for finals, except for the 400 free and 400 individual medley events which are timed final with the fastest sixteen (16) swimmers competing during evening finals.
- 11-12- the fastest eight (8) qualifiers will return for finals, except for the 400 Free which is timed final with the fastest eight (8) competing during evening finals.

All relays will be conducted as timed finals during the morning preliminary session for 13-14 and senior, and during the afternoon timed final sessions for 10 & under and 11-12. Order of finals will be C then B then A. Deck seeded events will be swum fastest to slowest in preliminaries for 13 and over and senior events, but seeded slowest to fastest in the timed final sessions for 12 and under events. Deck seeded events in finals will be swum slow to fast as B heat followed by A heat. Meet management may opt to use fly-over starts and/or chase starts where deemed appropriate at this competition.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Prelims	6:30 am	8:00 am	13 & Older
2	Friday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 & Under
3	Friday Finals	4:30 pm	5:30 pm	11 & Older
4	Saturday Prelims	6:30 am	8:00 am	13 & Older
5	Saturday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 and Under
6	Saturday Finals	4:30 pm	5:30 pm	11 & Older
7	Sunday Prelims	6:30 am	8:00 am	13 & Older
8	Sunday Timed Finals	Not before 12:30 pm	Not before 1:30 pm	12 & Under
9	Sunday Finals	3:30 pm	4:30 pm	11 & Older

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Thursday, June 8	9:00 pm	Entry deadline
Friday, June 16	7:00 am	Official Briefings
Friday, June 16	7:30 am	Coach's Meeting
Friday, June 16	7:30 am	Timer's Meeting
Friday, June 16	7:30 am	Positive Check-in for: 13-14 and Senior 400 IM
Friday, June 16	12:30 pm	Official Briefings
Friday, June 16	1:00 pm	Timer's Meeting
Friday, June 16	1:00 pm	Positive Check-in for: 10 & Under 400 Free
Friday, June 16	4:30 pm	Official Briefings
Friday, June 16	5:00 pm	Timer's Meeting
Saturday, June 17	7:00 am	Official Briefings
Saturday, June 17	7:30 am	Timer's Meeting
Saturday, June 17	7:30 am	Positive Check-in for: 13-14 and Senior 400 Free
Saturday, June 17	12:30 pm	Official Briefings
Saturday, June 17	1:00 pm	Timer's Meeting
Saturday, June 17	1:00 pm	Positive Check-in for: 11-12 400 Free
Saturday, June 17	4:30 pm	Official Briefings
Saturday, June 17	5:00 pm	Timer's Meeting
Sunday, June 18	7:00 am	Official Briefings
Sunday, June 18	7:30 am	Timer's Meeting
Sunday, June 18	12:30 pm	Official Briefings
Sunday, June 18	1:00 pm	Timer's Meeting
Sunday, June 18	3:30 pm	Official Briefings
Sunday, June 18	4:00 pm	Timer's Meeting

**CONDITION OF SANCTION**

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The completion course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**RULES**

Current USA Swimming rules will govern the meet. Fly-over starts and/or chase starts may be used.

**CAMERA ZONES**

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or race competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of the pool, team gathering areas, concession areas, turn end of the competition course when not in use as a "start-end", etc. Meet Management shall designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**DRONES**

Per USA Swimming Rule 103.13, DRONES, operation of a drone, or other flying apparatus is prohibited over the venue any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair

**ELIGIBILITY**

This meet is open to all currently registered USA Swimming swimmers. On deck registration will not be allowed.

**ENTRIES**

Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries should be uploaded to the Sports Timing & Software, Inc. website ([www.sportstiming.com](http://www.sportstiming.com)). Click on Meets and then click on YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation upon submitting your entries. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com).

**DECK ENTRIES**

Deck entries may be accepted by the Meet Referee or his/her designee, up to 45 minutes before the start of the session under the following conditions:

- Fees must be paid at the time of the entry (at double the entry fee).
  - Facility fee must be paid unless the swimmer is already entered.
  - A swimmer may not scratch an event to deck enter an event.
- No new heats will be created for deck entries.

**ENTRY LIMITATIONS**

The meet will be limited to either the first 600 swimmers received and/or the team who puts the timeline longer than 4 hours per session. 11 and older prelim/final swimmers are limited to three (3) individual events per day or a maximum of nine (9) individual events for the meet plus relays. 10 and under timed final swimmers are limited to a maximum of six (6) individual events for the meet plus relays. For relay events, only two relay entries per team is allowed.

**ENTRY DEADLINES**

Entries must be received by 9:00 pm on Thursday, June 8, 2017 using the submission process detailed below. No phone or fax entries accepted.

To submit your entries, go to [www.sportstiming.com](http://www.sportstiming.com), click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com).

**ENTRY FEES**

<b>Make checks payable to: YMCA of Central Florida - All fees are non-refundable</b>	
Individual Event	\$6.00 per Prelim/Final Event \$4.00 per Timed Final Event
Relays	\$10.00 per relay
Facility Surcharge	\$15.00 per swimmer
Electronic Heat Sheet Fee	\$2.00 per swimmer
Late Entry Fee	Double the above entry fees

**OFFICIALS**

Meet Referee	Dave Nesper
Admin	Billy Culbertson
Starter	Susan Nesper
Stroke and Turn	Robyn Anthony
Meet Marshall	Alan Pfau
Meet Director	Mike Brady

**VISITING OFFICIALS**

Visiting teams are encouraged to bring USA-S certified Florida Swimming (or other LSC) officials to assist with officiating the meet. Apprentice officials are welcome. Teams should email names and certification levels of their team officials to: [dnesper68@gmail.com](mailto:dnesper68@gmail.com).

**CHECK-IN**

A positive check-in will be required for the following events, (see Deadline and Meeting Summary):

- Senior 400 IM
- 13-14 400 IM
- 10 and under 400 Free
- Senior 400 Free
- 13-14 400 Free
- 11-12 400 Free

<b>SEEDING</b>	50-Meter-long course times will be used for seeding. Conversions may be made using the formula in the current Florida Swimming Handbook.
<b>SCORING</b>	Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.
<b>AWARDS</b>	Individual: Medals 1 <sup>st</sup> – 3 <sup>rd</sup> Ribbons 4 <sup>th</sup> – 16 <sup>th</sup> Relays:      Ribbons 1 <sup>st</sup> – 3 <sup>rd</sup> High Point: 1 <sup>st</sup> Place and runner up
<b>TEAM REP</b>	Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach will be recognized.
<b>COACHES/OFFICIALS</b>	All coaches and officials on deck must be registered and certified with USA Swimming. Coaches and officials shall wear USA Swimming registration cards in a conspicuous location at all times while on deck or show proof of current membership on during the meet. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coach's meetings. Official Briefings will be held prior to each session at the times listed in the Deadline and Meeting Summary.
<b>ADAPTED SWIMMERS</b>	Swimmers with disabilities are welcome to enter the meet. Coaches: <ol style="list-style-type: none"> <li>1. Enter the swimmers on Hy-Tek or paper form.</li> <li>2. Provide advanced notice on any necessary accommodations</li> <li>3. List the email with the entries (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions and how the swimmer prefers to be seeded.</li> </ol> Swimmers with disability will be seeded with the same age group either the same distance race or a longer distance race (i.e. 400 Free during the 100 Free). Qualifying time standards at regular season meets are waived for swimmers with disability. For more information, please contact the Meet Referee.
<b>MEET COMMITTEE</b>	A committee consisting of the Meet Director, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of any situation requiring a decision of the Committee regarding the meet. The Committee will meet as needed.
<b>WARM-UP</b>	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. This will be provided via email and posted on the YCF Swimming website prior to the meet. The Referee/Marshall may alter warm up procedures to meet the needs of the swimmers. Meet Management reserves the right to change warm-up times according to the number of entries. During the

competition, there will be lanes available for continuous warm-up/down in the Diving Well. NO EQUIPMENT IS PERMITTED AND SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.

**INFORMATION**

For more information, please contact Mike Brady at (407) 363-1911 x247 or mbrady@cfymca.org.

**ORDER OF EVENTS**

**Friday, June 16**

**Prelims: Warm up – 7:00 am Meet Starts – 8:00 am**

Women		Event		Men
1		Senior 200 Free Relay*		2
3		13-14 200 Free Relay*		4
5		Senior 100 Free		6
7		13-14 100 Free		8
9		Senior 200 Back		10
11		13-14 200 Back		12
13		Senior 50 Back		14
15		Senior 200 Breast		16
17		13-14 200 Breast		18
19		Senior 50 Breast		20
		BREAK (10 minutes)		
21		Senior 400 IM**		22
23		13-14 400 IM**		24

\*These relay events will be timed finals with all relays swimming in prelims.

\*\*The Senior 400 IM and 13-14 400 IM are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.

**Friday, June 16**

**Timed Finals: Warm up – Not before Noon Meet Starts – Not before 1:00 pm**

Women	SCY	LCM	Event	LCM	SCY	Men
25			10 & Under 200 Free			26
27			11-12 200 Free			28
29			8 & Under 100 Free			30
31			10 & Under 50 Back			32
33			11-12 50 Back			34
35			8 & Under 50 Back			36
37			10 & Under 100 Breast			38
39			11-12 100 Breast			40
41			10 & Under 400 Free*			42

\*The 10 & Under 400 Free will be seeded slowest to fastest and requires a positive check-in.

**Friday, June 16**  
**Finals: Warm up – 4:30 pm    Meet Starts – 5:30 pm**

<b>Women</b>		<b>Event</b>	<b>Men</b>
5		Senior 100 Free	6
7		13-14 100 Free	8
27		11-12 200 Free	28
9		Senior 200 Back	10
11		13-14 200 Back	12
13		Senior 50 Back	14
33		11-12 50 Back	34
15		Senior 200 Breast	16
17		13-14 200 Breast	18
19		Senior 50 Breast	20
39		11-12 100 Breast	40
21		Senior 400 IM	22
23		13-14 400 IM	24

**Saturday, June 17**  
**Prelims: Warm up – 7:00 am    Meet Starts – 8:00 am**

<b>Women</b>		<b>Event</b>	<b>Men</b>
43		Senior 200 Medley Relay*	44
45		13-14 200 Medley Relay*	46
47		Senior 200 Butterfly	48
49		13-14 200 Butterfly	50
51		Senior 50 Butterfly	52
53		Senior 100 Back	54
55		13-14 100 Back	56
57		Senior 50 Free	58
59		13-14 50 Free	60
		BREAK (10 minutes)	
61		Senior 400 Free**	62
63		13-14 400 Free**	64

**\*These relay events will be timed finals with all relays swimming in prelims.**

**\*\*The Senior 400 Free and 13-14 400 Free are timed finals events with the Top 16 seeded swimmers of each age group and gender swimming at night during finals. These events will be seeded fastest to slowest except for finals, which will swim as B heat followed by A heat. Positive Check-in required.**

**Saturday, June 17**  
**Timed Finals: Warm up – Not before Noon      Meet Starts – Not before 1:00 pm**

Women			Event			Men
65			11-12 200 Medley Relay			66
67			10 & Under 200 Medley Relay			68
69			11-12 100 Butterfly			70
71			10 & Under 100 Butterfly			72
73			11-12 100 Back			74
75			10 & Under 100 Back			76
77			8 & Under 50 Free			78
79			11-12 50 Free			80
81			10 & Under 50 Free			82
83			11-12 400 Free*			84

**\*The 11-12 400 Free is a timed final event with the Top 8 seeded swimmers of each gender swimming at night during finals. These events will be seeded slowest to fastest and requires positive check-in.**

**Saturday, June 17**  
**Finals: Warm up – 4:30 pm      Meet Starts – 5:30 pm**

Women			Event			Men
47			Senior 200 Butterfly			48
49			13-14 200 Butterfly			50
51			Senior 50 Butterfly			52
69			11-12 100 Butterfly			70
53			Senior 100 Back			54
55			13-14 100 Back			56
73			11-12 100 Back			74
57			Senior 50 Free			58
59			13-14 50 Free			60
79			11-12 50 Free			80
61			Senior 400 Free			62
63			13-14 400 Free			64
83			11-12 400 Free			84



**Sunday, June 18**

**Prelims: Warm up – 7:00 am    Meet Starts – 8:00 am**

**Finals: Warm up – 4:30 pm    Meet Starts – 5:30 pm**

<b>Women</b>			<b>Event</b>			<b>Men</b>
85			Senior 200 Free			86
87			13-14 200 Free			88
89			Senior 100 Butterfly			90
91			13-14 100 Butterfly			92
93			Senior 100 Breast			94
95			13-14 100 Breast			96
97			Senior 200 IM			98
99			13-14 200 IM			100

**Sunday, June 18**

**Timed Finals: Warm up – Not before Noon    Meet Starts – Not before 1:00 pm**

<b>Women</b>			<b>Event</b>			<b>Men</b>
101			11-12 200 Free Relay			102
103			10 & Under 200 Free Relay			104
105			11-12 100 Free			106
107			10 & Under 100 Free			108
109			11-12 50 Fly			110
111			10 & Under 50 Fly			112
113			8 & Under 50 Fly			114
115			11-12 50 Breast			116
117			10 & Under 50 Breast			118
119			8 & Under 50 Breast			120
121			11-12 200 IM			122
123			10 & Under 200 IM			124

**Sunday, June 18**

**Finals: Warm up – 4:30 pm    Meet Starts – 5:30 pm**

<b>Women</b>			<b>Event</b>			<b>Men</b>
85			Senior 200 Free			86
87			13-14 200 Free			88
105			11-12 100 Free			106
89			Senior 100 Butterfly			90
91			13-14 100 Butterfly			92
109			11-12 50 Butterfly			110
93			Senior 100 Breast			94
95			13-14 100 Breast			96
115			11-12 50 Breast			116
97			Senior 200 IM			98
99			13-14 200 IM			100
121			11-12 200 IM			122

**2017 YCF Summer Solstice Invitational  
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Team Name \_\_\_\_\_ Call Letters \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Coach \_\_\_\_\_ LSC \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_

**Swimmer / Coach Registration**

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on the deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-Athlete Member.

_____	_____	_____
Signature	Team	Date
(must be USA Swimming Non-Athlete Member)		

Entries must be received by 9:00 pm on Thursday, June 8, 2017. Please submit entries to:

Go to [www.sportstiming.com](http://www.sportstiming.com) , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you are able to submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com).

**Financial Recap**

We have entered the following:

Facility Fee per prelim/final swimmer	_____ @ \$15.00 =	\$ _____
Individual timed final entries	_____ @ \$4.00 =	\$ _____
Individual prelim/final entries	_____ @ \$6.00 =	\$ _____
Relay entries	_____ @ \$10.00 =	\$ _____
Electronic heat sheet per swimmer	_____ @ \$2.00 =	\$ _____
<b>TOTAL ENTRY FEES PAID</b>		<b>\$ _____</b>