

**YCF Almost Turkey Open**  
**Hosted by YMCA of Central Florida**  
**November 16-18, 2018**  
 Rosen YMCA Aquatic Center  
 8422 International Drive  
 Orlando, FL 32819

Florida Swimming of USA Swimming: Sanction #4559

“In granting approval, it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities for claims and damages arisen by reason of injuries to anyone during the conduct of the event.”

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Mike Brady (407) 363-1911 <a href="mailto:mbrady@cfymca.org">mbrady@cfymca.org</a>	Billy and Victoria Culbertson <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a>
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Robyn Gillespie (407) 363-1911 <a href="mailto:rgillespie@cfymca.org">rgillespie@cfymca.org</a>	Mike Miller (407) 363-1911 <a href="mailto:apfau@cfymca.org">apfau@cfymca.org</a>

**FACILITY**

Competition course is two 8-lane indoor 25-yard pools. Water depth at the competition start end is a minimum of 7 feet and the turn end is a minimum of 7 feet. Non-turbulent lane lines and regulation starting blocks will be used. Warm up and warm down will be available in an 8 lane 25-yard diving well. A Colorado timing system with automatic touch pads and backup buttons will be used. In addition, there is a full color alpha-numeric dual 8 lane LED scoreboard that will be used.

**MEET FORMAT**

The meet will be held in a 25-yard course. It is a 3-day format with all events on Friday and Sunday being timed final plus all 10 & Under events. Prelims/Finals for 11-12, 13-14 and Senior events on Saturday only. The fastest eight (8) qualifiers will return for finals for the 11-12 and 13-14 individual events and the sixteen (16) qualifiers will return for finals for the Senior individual events. Order of finals will be A-final then B-final. All relays will be conducted as timed finals during the morning preliminary session for 11-12, 13-14 and senior, and during the afternoon timed finals session for 10 & under. Deck seeded events (500 Free and 400 IM) will be swum fastest to slowest and will alternate gender if run in one course. Meet management may opt to use fly-over starts or chase starts where deemed appropriate at this competition.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Timed Finals	4:00 pm	5:00 pm	All ages
2	Saturday Prelims	7:30 am	8:30 am	11 & Older
3	Saturday Timed Finals	12:45pm	1:45 pm	10 & Under
4	Saturday Finals	4:30 pm	5:30 pm	11 & Older
5	Sunday AM Timed Finals	7:30 am	8:30 am	11 and Older
6	Sunday PM Timed Finals	12:45pm	1:45 pm	10 & Under

#### DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Friday, November 10	9:00 pm	Entry deadline
Friday, November 17	4:00 pm	Official Briefings
Friday, November 17	4:30 pm	Timer's Meeting
Friday, November 17	4:30 pm	Positive Check-in for: 11-12, 13-14 and Open 500 Free, 13-14 and Open 400 IM
Saturday, November 18	7:30 am	Official Briefings
Saturday, November 18	8:00 am	Timer's Meeting
Saturday, November 18	8:30 am	Coach's Meeting
Saturday, November 18	12:45 pm	Official Briefings
Saturday, November 18	1:15 pm	Timer's Meeting
Saturday, November 18	4:30 pm	Official Briefings
Saturday, November 18	5:00 pm	Timer's Meeting
Sunday, November 19	7:30 am	Official Briefings
Sunday, November 19	8:00 am	Timer's Meeting
Sunday, November 19	12:45 pm	Official Briefings
Sunday, November 19	1:15 pm	Timer's Meeting

#### CODE OF SANCTION

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The completion course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

<b>RULES</b>	Current USA Swimming rules will govern the meet. Fly-over starts may be used.
<b>CAMERA ZONES</b>	Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or race competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of the pool, team gathering areas, concession areas, turn end of the competition course when not in use as a "start-end", etc. Meet Management shall designate "Non-Camera Zones". Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
<b>ELIGIBILITY</b>	This meet is open to all currently registered USA Swimming swimmers. On deck registration will not be allowed.
<b>ENTRIES</b>	Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries should be uploaded to the Sports Timing & Software, Inc. website ( <a href="http://www.sportstiming.com">www.sportstiming.com</a> ). Click on Meets and then click on YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation upon submitting your entries. If you need to submit updated entry files, you are able to submit a new form and file. Entry questions can be emailed to <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a> .
<b>DECK ENTRIES</b>	Deck entries may be accepted by the Meet Referee or his/her designee, up to 45 minutes before the start of the session under the following conditions: <ul style="list-style-type: none"> <li>-Fees must be paid at the time of the entry (at double the entry fee).</li> <li>-Facility fee must be paid unless the swimmer is already entered.</li> <li>-A swimmer may not scratch an event to deck enter an event.</li> </ul>
<b>ENTRY LIMITATIONS</b>	The meet will be limited to either the first 600 swimmers received and/or the team who puts the timeline longer than 4 hours per session. Prelim/Finals swimmers are limited to three (3) individual events per day, (which is Saturday ONLY). Timed final swimmers are limited to four (4) individual events per day. All swimmers are may swim in a maximum of 10 individual events for the meet plus relays.
<b>ENTRY DEADLINES</b>	Entries must be received by 9:00 pm on Friday, November 9, 2018 using the submission process detailed below. No phone or fax entries accepted.  To submit your entries, go to <a href="http://www.sportstiming.com">www.sportstiming.com</a> , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you can submit a new form and file. Entry questions can be emailed to <a href="mailto:meet.support@sportstiming.com">meet.support@sportstiming.com</a> .

## ENTRY FEES

<b>Make checks payable to: YMCA of Central Florida - All fees are non-refundable</b>	
Individual Event	\$6.10 per Prelim/Final Event \$4.15 per Timed Final Event
Relays	\$8.00 per relay
Facility Surcharge	\$15.00 per swimmer
Electronic Heat Sheet Fee	\$2.00 per swimmer
Late Entry Fee	Double the above entry fees

### OFFICIALS

Meet Referee	Robyn Gillespie
Admin	Billy and Victoria Culbertson
Starter	John Russo
Stroke and Turn	Andy Maddux
Meet Marshall	Mike Miller
Meet Director	Mike Brady

### VISITING OFFICIALS

Visiting teams are encouraged to bring USA-S certified Florida Swimming (or other LSC) officials to assist with officiating the meet. Teams should email names and certification levels of their team officials to:

[rgillespie@cfymca.org](mailto:rgillespie@cfymca.org)

Official dress is white top over blue bottoms and white shoes.

There will be a recertification clinic on Saturday, November 17 between the prelim and timed finals sessions.

### SEEDING

25-yard short course times will be used for seeding. Conversions may be made using the formula in the current Florida Swimming Handbook.

### CHECK-IN

A positive check-in will be required for the following events:

- 11-12 500 Free
- 13-14 500 Free
- Open 500 Free
- 13-14 400 IM
- Open 400 IM

**\*\*Check in for the above events will be as stated in the Deadline and Meet Summary Section.**

## **SCRATCHES**

PRELIMS – There is no penalty for scratching on the block in the Preliminary events except for deck-seeded events. Any swimmer entered in an individual event that is “deck seeded” who has checked in for the event, must swim the event unless he/she notifies the clerk of course before the seeding for that event has begun, that he/she wishes to scratch. Failure to do so and not swim will result in the swimmer being barred (scratched) from the next individual event (preliminary or timed final) in which the swimmer is entered. Declared false starts will be accepted from the swimmer prior to the start of the heat.

FINALS – Any swimmer who competes in a preliminary heat and qualifies for either championship or consolation finals and fails to swim in the final without notifying the Meet Referee that he/she may withdraw from the finals within thirty (30) minutes after the announcement of qualifiers for that event and further fails to declare his/her final intention within thirty (30) minutes of his/her last individual preliminary event, will be penalized by being automatically scratched from their next individual final or individual event, whichever occurs first. The Referee may insert the next eligible swimmer into Finals or Consolation Finals once a “failure to swim” is declared and in any vacant lanes resulting from the penalty. Declared False Starts in Finals will be considered a “failure to swim” and will draw the same penalty. In the event of an illness or injury, certified to the satisfaction of the Meet Referee, there will be no penalty.

## **SCORING**

Individual events: 9-7-6-5-4-3-2-1

Relay events: 18-14-12-10-8-6-4-2

## **AWARDS**

Individual and Relay: Ribbons 1<sup>st</sup> – 8<sup>th</sup>

High Point: 1<sup>st</sup> – 3<sup>rd</sup> place for each age group\*

Heat Winner Awards

\*scoring will ONLY include age specific events (i.e. 9-10, not 10 & Under)

## **TEAM REP**

Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach will be recognized.

## **COACHES/OFFICIALS**

All coaches and officials on deck must be registered and certified with USA Swimming. Coaches and officials shall wear USA Swimming registration cards in a conspicuous location at all times while on deck during the meet or prove membership via the Deck Pass app. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coach’s meetings. Official Briefings will be held prior to each session at the times listed in the Deadline and Meeting Summary.

**ADAPTED SWIMMERS** Swimmers with disabilities are welcome to enter the meet. Coaches:

1. Enter the swimmers on Hy-Tek or paper form.
2. Provide advanced notice on any necessary accommodations
3. List the email with the entries (or on paper) the swimmer's name, entry times, strokes/distances, days/sessions and how the swimmer prefers to be seeded.

Swimmers with disability will be seeded with the same age group either the same distance race or a longer distance race (i.e. 400 Free during the 100 Free). Qualifying time standards at regular season meets are waived for swimmers with disability. For more information, please contact the Meet Referee.

**MEET COMMITTEE** A committee consisting of the Meet Director, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of any situation requiring a decision of the Committee regarding the meet. The Committee will meet as needed.

**WARM-UP** In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. This will be provided via email and posted on the YCF Swimming website prior to the meet. The Referee/Marshall may alter warm up procedures to meet the needs of the swimmers. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down in the Diving Well. NO EQUIPMENT IS PERMITTED AND SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.

**INFORMATION** For more information, please contact Mike Brady at (407) 363-1911 x247 or [mbrady@cfymca.org](mailto:mbrady@cfymca.org).

## ORDER OF EVENTS

Friday, November 16, 2018

Finals: Warm up – 4:00 pm      Meet Starts – 5:00 pm

Women			Event			Men
1			10 & Under 200 Free			2
3			11-12 500 Free*			4
5			13-14 500 Free*			6
7			Open 500 Free*			8
9			10 & Under 200 IM			10
11			11-12 200 IM			12
13			13-14 400 IM*			14
15			Open 400 IM*			16

**\*500 Free and 400 IM will be swum fastest to slowest and alternating gender. Positive check-in is required to be seeded for the 500 Free and 400 IM by 4:30 pm.**

**Saturday, November 17**

**Prelims: Warm up – 7:30 am Meet Starts – 8:30 am**

**Finals: Warm up – 4:30 pm Meet Starts – 5:30 pm**

<b>Women</b>		<b>Event</b>		<b>Men</b>
17		11-12 200 Medley Relay*		18
19		13-14 200 Medley Relay*		20
21		Open 200 Medley Relay*		22
23		11-12 50 Free		24
25		13-14 50 Free		26
27		Open 50 Free		28
29		11-12 100 Fly		30
31		13-14 200 Fly		32
33		Open 200 Fly		34
35		11-12 50 Back		36
37		13-14 100 Back		38
39		Open 100 Back		40
41		11-12 50 Breast		42
43		13-14 100 Breast		44
45		Open 100 Breast		46
47		11-12 200 Free		48
49		13-14 200 Free		50
51		Senior 200 Free		52

**\*These relay events will be timed finals with all relays swimming in prelims.**

**Saturday, November 17**

**Timed Finals: Warm up – 12:45 pm Meet Starts – 1:45 pm**

<b>Women</b>		<b>Event</b>		<b>Men</b>
53		8 & Under 100 Medley Relay		54
55		9-10 200 Medley Relay		56
57		6 & Under 25 Free		58
59		8 & Under 50 Free		60
61		9-10 100 Free		62
63		6 & Under 25 Fly		64
65		8 & Under 50 Fly		66
67		9-10 100 Fly		68
69		6 & Under 25 Back		70
71		8 & Under 25 Back		72
73		9-10 50 Back		74
75		6 & Under 25 Breast		76
77		8 & Under 25 Breast		78
79		9-10 50 Breast		80



**Sunday, November 18**  
**Timed Finals: Warm up – 7:30 am      Meet Starts – 8:30 am**

<b>Women</b>		<b>Event</b>	<b>Men</b>
81		11-12 200 Free Relay	82
83		13-14 200 Free Relay	84
85		Open 200 Free Relay	86
87		11-12 100 Breast	88
89		13-14 200 Breast	90
91		Open 200 Breast	92
93		11-12 100 Free	94
95		13-14 100 Free	96
97		Open 100 Free	98
99		11-12 50 Fly	100
101		13-14 100 Butterfly	102
103		Open 100 Butterfly	104
105		11-12 100 Back	106
107		13-14 200 Back	108
109		Open 200 Back	110
111		11-12 100 IM	112
113		13-14 200 IM	114
115		Open 200 IM	116

**Sunday, November 18**  
**Timed Finals: Warm up – 12:45 pm      Meet Starts – 1:45 pm**

<b>Women</b>		<b>Event</b>	<b>Men</b>
117		8 & Under 100 Free Relay	118
119		9-10 200 Free Relay	120
121		8 & Under 50 Breast	122
123		9-10 100 Breast	124
125		8 & Under 25 Free	126
127		9-10 50 Free	128
129		8 & Under 25 Fly	130
131		9-10 50 Fly	132
133		8 & Under 50 Back	134
135		9-10 100 Back	136
137		8 & Under 100 IM	138
139		9-10 100 IM	140

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Team Name \_\_\_\_\_ Call Letters \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Coach \_\_\_\_\_ LSC \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_

**Swimmer / Coach Registration**

I certify that all individuals listed on the attached entry forms are currently registered members of United States Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on the deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-Athlete Member.

_____	_____	_____
Signature	Team	Date
(must be USA Swimming Non-Athlete Member)		

Entries must be received by 9:00 pm on Friday, November 9, 2018. Please submit entries to:

Go to [www.sportstiming.com](http://www.sportstiming.com) , click on meets and click on the YCF Summer Solstice Invitational. Complete the form, upload your entry file and click submit. You will receive an email confirmation. If you need to submit updated entry files prior to the deadline, you can submit a new form and file. Entry questions can be emailed to [meet.support@sportstiming.com](mailto:meet.support@sportstiming.com).

**Financial Recap**

We have entered the following:

Facility Fee per swimmer	_____ @ \$15.00 =	\$ _____
Individual timed final entries	_____ @ \$4.15 =	\$ _____
Individual prelim/final entries	_____ @ \$6.10 =	\$ _____
Relay entries	_____ @ \$8.00 =	\$ _____
Electronic heat sheet per swimmer	_____ @ \$2.00 =	\$ _____
<b>TOTAL ENTRY FEES PAID</b>		<b>\$ _____</b>