

Speedo Fall Short Course Invitational  
Sponsored by the Episcopal Amberjax  
September 19-21, 2014  
Episcopal School of Jacksonville Semmes Aquatic Center  
Jacksonville, Florida

- Hosted by:** Episcopal Amberjax of Jacksonville
- Meet Type:** 25 yard Course, Timed Finals
- Location:** Episcopal School of Jacksonville Semmes Aquatic Center  
4455 Atlantic Blvd  
Jacksonville, Florida 32207
- Pool Specs:** Two outdoor 25 yard, 6, 8, 10 lane courses with no-turbulent lane lines. Water depth at all parts of the pool is a minimum of 5 feet. Regulation KDI Paragon Starting Blocks.
- Warm-up:** Friday, September 19- Warm-ups 3:00PM Events 4:30PM (all ages)  
Saturday, September 20- Warm-up 7:30AM Events 8:30AM (all ages)  
Sunday, September 21- Warm-up 7:30AM Events 8:30AM (all ages)
- Eligibility:** Open to all currently registered USA Swimming swimmers.
- Entry Limit:** Swimmers are limited to four (4) individual events per session plus relays.
- Entry Fee:** Timed Final Meet; \$3.00 per individual event, \$5.00 per Relay,  
\$7.50 facility fee per swimmer, \$5.00 team admin fee per swimmer
- Deadline:** YCF swimmers must be entered (only) using the sign up link available on the Meet Schedule page of the TeamUnify website. All entries must be received by midnight on Wednesday, September 10. Late entries will not be accepted.
- Volunteers:** Parents from visiting teams wishing to work the meet in some capacity are requested to notify the meet director: Martin Zuberom by Wednesday, September 17th at the email address: [zuberom@esj.org](mailto:zuberom@esj.org) or (904) 396-5751 ex 1627.
- Awards:** Ribbons will be awarded for 1-8th place by age group 13 & over, 11-12, 9-10, 7-8, 6 & under
- Note:** We reserve the right to use 2 courses simultaneously if time-line dictates. Meet management will use fly-over starts at this competition.

## FRIDAY SESSION ONE

### Warmups: 3:30 pm Meet Starts 4:30 pm

Event #	Age Group	Event
1-2	12 and under	500 Free*
3-4	13 and over	500 Free**
5-6	12 and under	400 IM*
7-8	13 and over	400 IM**

1-8 are Deck seeded events, swum mixed gender fastest to slowest, scored separately.

\*- Limited to a total of 32 swimmers per gender. \*\*Limited to a total of 48 swimmers per gender checked in by 4:00 PM. ALL SWIMMERS MUST PROVIDED THEIR OWN TIMERS FOR THESE EVENTS.

## SATURDAY SESSION TWO

### Warm ups 7:30 am Meet Starts 8:30 am

Event #	Age Group	Event
9-10	13 and over	200 Free Relay
11-12	12 and under	200 Free Relay
13-14	10 and under	100 Free Relay
15-16	8 and under	100 Free Relay
17-18	13 and over	50 Free
19-20	12 and under	50 Free
21-22	8 and under	25 Free
23-24	13 and over	200 Back
25-26	12 and under	50 Back
27-28	8 and under	25 Back
29-30	13 and over	100 Fly
31-32	12 and under	100 Fly
33-34	8 and under	25 Fly
35-36	13 and over	200 Free
37-38	12 and under	200 Free
39-40	13 and over	100 Breast
41-42	12 and under	100 Breast
43-44	8 and under	25 Breast

## SATURDAY SESSION THREE

### Begins 10 minutes after completion of Session 2.

Event #	Age Group	Event
45-46	OPEN	1650 Free*

\*Deck seeded event mixed gender and swum fastest to slowest, scored separately and limited to a total of 24 swimmers per gender checked in by 9:30 AM. SWIMMER MUST PROVIDE TIMER

## **SUNDAY SESSION FOUR**

**Warm ups 7:30 am Meet starts 8:30 am**

Event #	Age Group	Event
47-48	13 and over	200 Medley Relay
49-50	12 and under	200 Medley Relay
51-52	10 and under	100 Medley Relay
53-54	8 and under	100 Medley Relay
55-56	13 and over	100 Free
57-58	12 and under	100 Free
59-60	10 and under	50 Free
61-62	13 and over	200 Fly
63-64	12 and under	50 Fly
65-66	13 and over	100 Back
67-68	12 and under	100 Back
69-70	10 and under	50 Back
71-72	13 and over	200 Breast
73-74	12 and under	50 Breast
75-76	13 and over	200 IM
77-78	12 and under	200 IM
79-80	10 and under	100 IM

## **SUNDAY SESSION FIVE**

**Begins 15 minutes after the completion of Session 4**

Event #	Age Group	Event
81-82	OPEN	1000 Free*

\*Deck seeded event mixed gender and swum fastest to slowest, scored separately and limited to a total of 24 swimmers per gender checked in by 9:30 AM. SWIMMER MUST PROVIDE TIMER