

## YCF vs. GCY Dual Meet

- Meet Host: YMCA of Central Florida (YCF)
- Dates: January 2, 2016
- Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL 32819
- Eligibility: This is a closed YMCA meet and is open to any YCF Competitive and National Track swimmer. This meet WILL count towards the eligibility requirements for YMCA championship meets.
- NOTE: This meet is a 'just for fun' meet with the Greensboro YMCA as they complete their training trip in Cocoa and stop in Orlando on their way back to North Carolina. Although it WILL count towards your needed YMCA meet eligibility, it will be a very short 'bare bones' meet with no awards, concessions or even entry fees. Times achieved at this meet will NOT go into the USA Swimming database.
- Meet Format: All events will be held as timed finals in short course yards.
- Schedule: 12:00pm warm up / 12:45pm meet start
- \*PLEASE arrive on deck ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**
- Events: Please see the event list below.
- Entry Limit: Swimmers will be entered in all five (5) events, but there is no penalty for scratching an event IF approved by your coach. All relays will be determined by the coaching staff.
- Entry Fees: None!
- Entry Deadline: All interested and eligible YCF swimmers must be entered (only) through the sign up link available on the team website, ([ycfswimming.org](http://ycfswimming.org)), under Schedules/Meets & Outings. All entries must be received no later than Thursday, December 31, 2015. Late entries may be accepted on the day of the meet if space is available.
- Team Apparel: Please wear your [blue](#) YCF Swimming t-shirt & YCF team swim suit
- Awards:  
& Concessions: None
- Events:
- |    |                     |    |
|----|---------------------|----|
| 1  | Open 50 Fly         | 2  |
| 3  | Open 50 Back        | 4  |
| 5  | Open 50 Breast      | 6  |
| 7  | Open 50 Free        | 8  |
| 9  | Open 100 CHOICE     | 10 |
| 11 | Open 200 Free Relay | 12 |