

Hello YCF parents -

We have some important updates and FYI's for this weekend's Summer Solstice meet!

Due to the size of the meet, we have had to slightly alter the **meet start times** as follows:

- All three morning Prelim sessions = 6:30am warm up, 8:00am start
- All three midday sessions = 2:00pm warm up, 2:30pm start
- All three evening Final sessions = 4:45pm warm up, 5:45pm start

As always, PLEASE have your swimmers on deck and in their suits 10 minutes BEFORE their scheduled warm up times... it is going to be a VERY crowded warm up and lanes are always first come first serve.

We have also attached a copy of the **heat sheet** to this email, (and posted it on our website)... they will NOT be sold at the meet, so please print them from home or save the link to your smart device before coming to the pool.

Lastly, the **volunteer assignments** have also been attached to this email. We NEED all volunteers to check in at the VIEWING ROOM BY THE TEACHING POOL (and NOT the table by the spectator door) to get your wrist band and volunteer assignment no later than your assigned times as follows:

- All three morning Prelim sessions = no later than 7:15am
- All three midday sessions = no later than 1:45pm
- All three evening Final sessions = no later than 5:00pm

As always, anyone who does not show up for their assigned shift will have the \$25 support fee per session added to your entry fee account.

Reminder also that team t-shirt assignments for this season remain **green** on Friday, **red** on Saturday and **yellow** on Sunday.

Have a great meet YCF and swim fast!