

Hello YCF –

We have a small but excited group heading to Cocoa Beach this weekend for the Area 6 Championships!

The meet host has confirmed the warm up and start times for the afternoon sessions as stated below;

- Saturday AM – 7:30am warm up / 8:30am meet start
- Saturday PM – **11:30am** warm up / 12:15pm meet start
- Sunday AM – 7:30am warm up / 8:30am meet start
- Sunday PM – **11:45am** warm up / 12:30pm meet start

PLEASE be on deck suited up and ready to go at least 10 minutes BEFORE the start of the warm up session... this is always important for event check in, relay assignments and warm up instructions.

Coach Jennifer (from Cocoa) and Coach Keith (from Titusville) will be the two YCF coaches in attendance all weekend. Coach Paul (from Blanchard Park) will be there part of the weekend as well... please look for the YCF Swimming shirts on these coaches and check in with them on pool deck!

Lastly don't forget to wear your **blue** YCF Swimming t-shirt on Saturday and your **red** YCF Swimming t-shirt on Sunday.

Good luck to all and happy 4th!