

## RECREATIONAL TRACK agenda for September 22

### **Start & Turn Clinic (12:30-2:30pm)**

*Our own YCF swim coaches will host a start and turn clinic to begin the fall/winter swim season! Instruction on diving off the block and proper turns for all strokes will be covered!*

### **Parent Meeting (12:45-1:15pm)**

*Details on the upcoming fall/winter season will be covered including new season forms & Active registration, swim meets, new team policies and more! This meeting is highly encouraged for both new and veteran parents alike and we hope to see you there!*

### **Team Suit Sizing & Apparel (available anytime between 9:00am-4:00pm)**

*Our official swim team vendor, Augusta Swim Supply, will be on hand with all sizes of our YCF team suit for swimmers to try on and find their proper fit before ordering their suit for this season. Additional apparel and accessories will also be available for purchase. Even if you cannot attend the start & turn clinic, feel free to stop by anytime between 9:00am-4:00pm to try before you buy!*

### **Past YCF T-Shirt Sale (available anytime between 12:15-3:15pm)**

*We will be selling YCF Swim Team t-shirts from past seasons for only FIVE dollars! Whether you are new to YCF and looking to jump start your YCF wardrobe or a YCF veteran who just wants to purchase some nostalgia, come by and check out our offerings anytime between 12:15-3:15pm.*

**IMPORTANT NOTE:** The women's family locker room located on pool deck is currently closed for renovation; however, we have temporarily converted BOTH adult locker rooms in the back hallway behind the diving well into girls/women's locker rooms. Therefore all boys/men will need to only use the men's family locker room located on pool deck and all girls/women will need to use either of the locker rooms in the back hallway. We apologize for the inconvenience and please make your swimmers aware.