

UPDATE #2 (September 11, 2015):

Hello again STAR meet attendees –

Another FYI for this weekend that all HEAT SHEETS have been posted at our website, (ycfswimming.org). There will NOT be heat sheets for sale at the meet, so please print them ahead of time.

Also, we are not able to have every coach in attendance at every session, so there will be a few sessions that our swimmers will be working with another YCF site coach instead of their primary coach. Please see the list below if this applies to your swimmer:

- FRIDAY – all swimmers will be coached by Coach Poul from Golden Triangle (look for the red YCF shirt!).
- SATURDAY – Cocoa and JDW swimmers should look for Coach Mike H from the Aquatic Center for this session.
- SUNDAY – Blanchard Park, Frank DeLuca, JDW and Winter Park swimmers should look for Coach Jennifer from Cocoa for this session.

Have a great meet YCF and see you on deck!

UPDATE #1 (September 9, 2015):

Hello YCF team –

The STAR meet this weekend is fairly small and meet management has decided to combine the sessions on Saturday and Sunday. The new timeline for ALL swimmers will be as follows:

FRIDAY – 3:30pm warm up / 5:00pm start

(all swimmers must be on deck by 4:00pm for check in and group warm up)

SATURDAY & SUNDAY – 7:00am warm up / 8:30am start

(all swimmers must be on deck by 7:30am for check in and group warm up)

If for any reason this change in meet times affects your ability to attend the meet, please let me know and you will not be charged the entry fees.

The combined sessions WILL be using fly-over starts and the heats will be moving very quickly... PLEASE have your swimmer behind the blocks at least a few heats before their own, (which the coaches will help with as well). IF your swimmer does miss a heat, the officials have already stated that they will work the swimmers back into the meet, but please let your coach know ASAP as they need to be the one to address the official.

Parking for swimmers and families will be in the grass parking lot all three days. Coaches and Officials (only) should park in the dirt parking lot behind the main lot. The main lot parking next to the building is reserved for non-meet clients of the facility.

And a reminder about our team shirt assignments for swim meets:

- FRIDAY = this year's Red t-shirt
- SATURDAY = this year's Blue t-shirt
- SUNDAY = this year's Black t-shirt

Let's have a great first meet of the 2015-16 YCF season!