

YCF Swim Team Code of Conduct

Every swimmer/family who participates with the YCF Swim Team has an implied agreement to everything in the following Code of Conduct per their signature on the YCF Registration Form:

When representing YCF, swimmers and parents/guardians agree to:

- Obey all rules, regulations and procedures as determined by the coaching staff.
- Follow all instructions provided by the coaching staff at practices, meets and team events.
- Exhibit sportsmanship and respect for teammates, coaches and opponents at all times.
- Communicate with coaches and other parents to stay informed of all team activities and events.
- Address all questions or concerns directly to the coaching staff in a calm and courteous manner.
- Actively participate in all team sponsored meets and activities by volunteering in some capacity as expected.

The following conduct is unacceptable and will not be tolerated:

- Disrupting practices or meets in any way including failing to abide by coaches' directions, parental coaching, swimmer-parent interactions during practice or disrespecting teammates, coaches, the YMCA, it's members and/or the pool facilities.
- Destruction or damage to our YMCA, any facility we visit or other team members' property.
- Possession or use of alcoholic beverages, illegal drugs or tobacco products.
- Criticizing, name-calling, use of profanity, abusive or disrespectful language or gestures directed toward the coaches, officials, swimmers, other parents or spectators at meets, practices and team events.
- Confronting coaches with concerns or problems in front of other parents or swimmers.

Failure to abide by the YCF Code of Conduct by either the swimmer or the parent/guardian may result in immediate disciplinary action as determined by the coaching staff to include but not be limited to:

- Suspension from practice.
- Suspension from an event.
- Suspension from a meet.
- Suspension from the swim team program and/or the YMCA.
- Forfeiture of all payments and/or credits for participation in an event and/or program.
- Dismissal from the swim team program.
- Any combination of the above.

YCF Travel Policy

Getting to travel as a team is one of the many exciting privileges of swimming with the YCF Swim Team. This is where friendships are made, team bonding occurs and fun memories are forged... but along with this privilege comes responsibility.

Because we are traveling as a team, individual wants sometimes need to take a back seat to the needs of the whole team. Do not expect things to be just as they are when you are traveling with your family. The ability to adapt to unforeseen circumstances is key to a successful team trip. The coaching staff is in charge of the trip and swimmers must understand this rule.

USA Swimming Travel Policy:

- Club travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club. (305.5 .D)
- Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5 .B)

- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete. (305.5.A)
- When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5C)

YCF Travel Policy:

- All swimmers will attend and be punctual for all team functions including meetings, practices, meet sessions and meals.
- All swimmers will remain with the team at all times and not leave the venue, hotel, restaurant or any other place where the team has gathered without the permission/knowledge of the coaching staff.
- Coaches will determine room assignments. Swimmers will treat all teammates with respect.
- Swimmers must be in their rooms by the set curfew time and observe lights out at the specified time.
- Rooms will be left in a presentable state upon check out. Any personal or property damage will result in disciplinary action and the parent/guardian will be responsible for any/all financial damage.
- A male and female are not permitted in a room alone together.
- Cell phones may be collected during some/all of team meetings, meals and events.
- Cell phone use of any kind is prohibited in any locker room.

Violations may result in but are not limited to:

- Being scratched from events.
- Being sent home by bus at parents'/guardians' expense.
- Not being allowed to travel with team.
- Being suspended from the team.
- Being removed from the team.

The decisions of the coaching staff will prevail in any disciplinary action and the coaches can make and enforce necessary interpretations of the YCF Code of Conduct at any time.

Authorization for Emergency Medical Care for YCF Team Travel Meets

I hereby give my consent for the coaching staff of the YCF Swim Team or official trip chaperones to authorize Emergency Medical Treatment of my child.

Swimmer's Name _____

Swimmer's Date of Birth _____

Parent's Name _____

Parent's Signature _____

Parent's Phone Numbers _____

Insurance Company _____

Policy Number _____

Please include any pertinent medical information and/or allergies which might need to be addressed during the trip or might be needed in case emergency care is necessary.