

## YCF Start & Turn Clinic

- Event Host: YMCA Aquatic Center
- Date: May 29
- Location: YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819
- Eligibility: This is a YCF Start & Turn Clinic open to all Recreational Track swimmers and any entry level/beginner Age Group Competitive swimmers.
- Event Format: Various YCF coaches will be present and work in groups to cover the basic fundamentals of racing starts, turns and finishes.
- Schedule: Event – 10:30am-12:00pm
- \*PLEASE arrive on pool deck in your suit and ready to swim 10 minutes prior to the event start time for check in and last minute instructions.**
- Entry Fees: No cost
- Entry Deadline: There is no online signup for this event and all interested swimmers can simply show up at the pool!