

**SPECIAL NOTE:** \*Events/heats may be combined at the discretion of the meet referee.

**WARM-UP SCHEDULE:** Schedule will be emailed out to the coaches before the meet begins. We will also post the schedule and lane assignments at the pool.

**NO EQUIPMENT TO BE USED DURING WARM-UP  
NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET  
Swimmers must enter the water feet first with at least one hand on the pool deck.**

**Friday West Pool, October 12, 2018  
Warm up 4:00 p.m. Timed Finals 5:00 p.m.**

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
1-2	13 & over	50 free
3-4	13 & over	400 IM *1
5-6	13 & over	500 free *2

**Friday East Pool, October 12, 2018  
Warm up 4:00 p.m. Timed Finals 5:00 p.m.**

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
7-8	10 & under	50 free
9-10	11-12	50 free
11-12	10 & U	200 IM
13-14	11-12	200 IM
15-16	10 & u	500 free *2
17-18	11-12	500 free *2

\*1 Deck seeded event, maybe swum combined and scored separately by gender. **Check in by 4:15PM to be seeded.**

\*2 Deck seeded event, maybe swum combined and scored separately by gender. **Check in by 4:15PM to be seeded.**

**General Note:** Events may be swum in alternating pools to balance the time line. Any changes will be communicated during coaches meeting.

**Saturday West Pool, October 13, 2018**  
**Warm up 7:30 a.m. Timed Finals 9:00 a.m.**

<b><u>Event #</u></b>	<b><u>Age Group</u></b>	<b><u>Event Description</u></b>
19 - 20	10 & U	50 Backstroke
21 - 22	8 & U	50 Backstroke
23 - 24	10 & U	50 Butterfly
25 - 26	8 & U	25 Butterfly
27 - 28	10 & U	100 Free
29 - 30	8 & U	25 Free
31 - 32	10 & U	100 Breaststroke
33 - 34	8 & U	50 Breaststroke
35 - 36	10 & U	100 IM *4
Possible 5 minute break		
37 - 38	8 & under	100 Free Relay*
39 - 40	10 & under	200 Free Relay*

\*Event 37 - 38 meet management may combine if needed.

\*Event 39 - 40 meet management may combine if needed.

\*4 Meet Management may limit the IM to 8 full heats (4 fastest heats of Girls and 4 heats of boys or if not full per gender heat limit will fill with other gender.)

**Saturday West Pool, October 13, 2018**  
**Timed Finals Estimated Start Time 1:00p**  
**Exact Start Time will be sent to all teams participating in this meet.**

<b><u>Event #</u></b>	<b><u>Age Group</u></b>	<b><u>Event Description</u></b>
41 - 42	11-12	50 Backstroke
43 - 44	13 & over	200 Backstroke
45 - 46	11-12	100 Butterfly
47 - 48	13 & over	100 Butterfly
49 - 50	11-12	100 Free
51 - 52	13 & over	100 Free
53 - 54	11-12	50 Breaststroke
55 - 56	13 & over	200 Breaststroke
57 - 58	11-12	100 IM
59 - 60	Senior	200 Free Relay
61 - 62	11-12	200 Free Relay

\*Events 59 - 62 meet management may combine if needed

**Sunday West Pool, October 14, 2018  
Warm up 7:30 a.m. Timed Finals 9:00 a.m.**

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
63 - 64	13 & over	200 IM
65 - 66	11-12	100 Backstroke
67 - 68	13 & over	100 Backstroke
69 - 70	11-12	50 Butterfly
71 - 72	13 & over	200 Butterfly
73 - 74	11-12	200 Free
75 - 76	13 & over	200 Free
77 - 78	11-12	100 Breaststroke
79 - 80	13 & over	100 Breaststroke
81 - 82	11-12	200 Medley Relay
83 - 84	Senior	200 Medley Relay

\*Events 81 - 84 meet management may combine if needed

**Sunday East Pool, October 14, 2018  
Warm up 7:30 a.m. Timed Finals 9:00 a.m.**

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
85 - 86	8 & U	50 Free
87 - 88	10 & U	100 Backstroke
89 - 90	8 & U	25 Backstroke
91 - 92	10 & U	100 Butterfly
93 - 94	8 & U	50 Butterfly
95 - 96	10 & U	200 Free *5
97 - 98	8 & U	100 Free
99 - 100	10 & U	50 Breaststroke
101 - 102	8 & U	25 Breaststroke
		Possible 5 minute break
103 - 104	10 & under	200 Medley Relay*
105 - 106	8 & under	100 Medley Relay*

\*Events 103 - 104 meet management may combine if needed

\*Events 105 - 106 meet management may combine if needed

\*5 Meet Management may limit the 200 free to 6 full heats. (3 heats of girls and 3 heats of boys or if not full per gender heat limit will fill with other gender.)

**10 Minute Break Before Distant Session  
Sunday Distant, October 14, 2018**

<u>Event #</u>	<u>Age Group</u>	<u>Event Description</u>
107 - 108	Senior	1000 Free*6

\*6 **May be combined and swum mixed gender.** This event will not be scored for team or individual points. This event will be deck seeded with the coaches checking in their swimmers by 10:00am. The event will be swum fastest to slowest. **Participants in event 107 - 108 must provide a timer and a counter for this event.**

**General Note:** Events may be swum in alternating pools to balance the time line. Any changes will be communicated during coaches meeting.