

YCF Recreational Meet

- Meet Host: J. Douglas Williams YMCA
- Date: October 22
- Location: J. Douglas Williams YMCA, 665 Longwood-Lake Mary Rd, Lake Mary, FL, 32746
- Eligibility: This is a YCF Recreational Meet open to any YCF Recreational Track swimmers.
- Meet Format: Timed finals for all age groups.
- Schedule: Warm Up – 1:00pm / Meet Start – 1:45pm
- *PLEASE arrive on pool deck in your suit and ready to swim 10 minutes prior to the warm up start time for check in and last minute instructions.**
- Entry Limit: Swimmers are limited to four (4) individual events. All relays will be determined by the coaching staff.
- Entry Fees: No cost
- Entry Deadline: All interested and eligible YCF swimmers must be entered using the sign up link available on the team website (ycfswimming.org) under Schedules/Meets & Outings. All entries must be received by 9:00pm on the Thursday prior to the meet. Late entries may not be accepted.
- Awards: Individual events: Ribbons for 1st-6th
- Events:
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|-------|-----------------------------|
| 1-2 | 100 IM (10 & under) |
| 3-4 | 100 IM (11 & over) |
| 5-6 | 25 Free (6 & under) |
| 7-8 | 25 Free (7-8) |
| 9-10 | 25 Free (9-10) |
| 11-12 | 50 Free (11 & over) |
| 13-14 | 25 Breast (6 & under) |
| 15-16 | 25 Breast (7-8) |
| 17-18 | 25 Breast (9-10) |
| 19-20 | 50 Breast (11 & over) |
| 21-22 | 25 Back (6 & under) |
| 23-24 | 25 Back (7-8) |
| 25-26 | 25 Back (9-10) |
| 27-28 | 50 Back (11 & over) |
| 29-30 | 25 Fly (6 & under) |
| 31-32 | 25 Fly (7-8) |
| 33-34 | 25 Fly (9-10) |
| 35-36 | 50 Fly (11 & over) |
| 37-38 | 100 Free Relay (6 & under) |
| 39-40 | 100 Free Relay (7-8) |
| 41-42 | 100 Free Relay (10 & under) |
| 39-40 | 200 Free Relay (11 & older) |