

2016 Florida YMCA State SC Swimming Champs - 2/12/2016 to 2/14/2016
Warm-up Sheet

IMPORTANT NOTES:

- The Friday evening, Saturday morning and Sunday morning warm up sessions will be split into two 40 minute sessions, followed by the pool being cleared 10 minutes before the session start. Please note the A and B warm up times as noted below.
- Lanes 1-8 will be lanes 1-8 on the 'scoreboard side' of the pool
- Lanes 9-16 will represent lanes 1-8 on the 'diving well side' of the pool
- The diving well will be open for any general warm up during Friday evening, Saturday morning and Sunday, BUT will be closed for programming on Saturday afternoon/evening and Sunday afternoon/evening.
- * = warm up lanes shared with another team
- Both Saturday and Sunday evening sessions will be general warm up in both courses, first come first serve.

Warm-up A Starts at 04:00 PM

Warm-up B Starts at 04:40 PM

Session: 1D/1S Friday Evening

Day of Meet: 1 Starts at 05:30 PM

Total Athletes: 297 - Women: 160 - Men: 137

	Team	Women	Men	Total	Lane
SYS-FL	Sarasota YMCA Sharks	74	73	147	A 1-16
PYP-FL	Piranhas YMCA Palm Harbor	33	21	54	B 1-6
YCF-FL	YMCA of Central Florida	17	10	27	B 9-11
TYS-FL	Tampa Y Swimming	11	18	29	B 12-14
YSF-FG	YSF Barracudas	8	10	18	B 7-8
YFFC-FL	YMCA of Florida's First Coast	6	2	8	B 15-16*
LWRY-FL	Lakewood Ranch YMCA BlackFins	6	2	8	B 15-16*
YSPB-FG	YMCA of South Palm Beach CO.	5	1	6	B 15-16*

Warm-up A Starts at 06:30 AM

Warm-up B Starts at 07:10 AM

Session: 2 Saturday Morning Preliminaries

Day of Meet: 2D/2S Starts at 08:00 AM

Total Athletes: 551 - Women: 303 - Men: 248

	Team	Women	Men	Total	Lane
SYS-FL	Sarasota YMCA Sharks	93	83	176	A 1-11
PYP-FL	Piranhas YMCA Palm Harbor	55	42	97	B 1-6
YCF-FL	YMCA of Central Florida	48	39	87	A 12-16
TYS-FL	Tampa Y Swimming	39	34	73	B 9-12
YSF-FG	YSF Barracudas	29	27	56	B 13-15
YFFC-FL	YMCA of Florida's First Coast	22	9	31	B 7-8*
LWRY-FL	Lakewood Ranch YMCA BlackFins	9	11	20	B 16
YSPB-FG	YMCA of South Palm Beach CO.	8	3	11	B 7-8*

YCF Swimming

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Warm-up Starts at 12:30 PM

Session: 2A Saturday Afternoon Timed Finals

Day of Meet: 2A Starts at 01:15 PM

Total Athletes: 209 - Women: 124 - Men: 85

Team		Women	Men	Total	Lane
SYS-FL	Sarasota YMCA Sharks	28	30	58	1-5
PYP-FL	Piranhas YMCA Palm Harbor	24	8	32	6-8*
TYS-FL	Tampa Y Swimming	16	14	30	9-10
YCF-FL	YMCA of Central Florida	14	12	26	11-12
YSF-FG	YSF Barracudas	11	13	24	13-14
YSPB-FG	YMCA of South Palm Beach CO.	16	4	20	15-16*
LWRY-FL	Lakewood Ranch YMCA BlackFins	10	2	12	15-16*
YFFC-FL	YMCA of Florida's First Coast	5	2	7	6-8*

Warm-up A Starts at 06:30 AM

Warm-up B Starts at 07:10 AM

Session: 3D/3S Sunday Morning Preliminaries

Day of Meet: 3 Starts at 08:00 AM

Total Athletes: 527 - Women: 274 - Men: 233

Team		Women	Men	Total	Lane
SYS-FL	Sarasota YMCA Sharks	88	80	168	B 1-10
PYP-FL	Piranhas YMCA Palm Harbor	55	40	95	A 1-6
YCF-FL	YMCA of Central Florida	47	31	78	B 11-15
TYS-FL	Tampa Y Swimming	36	32	68	A 9-12
YSF-FG	YSF Barracudas	28	27	55	A 13-15
YFFC-FL	YMCA of Florida's First Coast	24	9	33	A 7-8
LWRY-FL	Lakewood Ranch YMCA BlackFins	9	11	20	B 16
YSPB-FG	YMCA of South Palm Beach CO.	7	3	10	A 16

Warm-up Starts at 12:30 PM

Session: 3A Sunday Afternoon Timed Finals

Day of Meet: 3 Starts at 01:15 PM

Total Athletes: 193 - Women: 118 - Men: 75

Team		Women	Men	Total	Lane
SYS-FL	Sarasota YMCA Sharks	30	29	59	1-5
PYP-FL	Piranhas YMCA Palm Harbor	22	8	30	9-11*
TYS-FL	Tampa Y Swimming	16	12	28	6-8*
YSF-FG	YSF Barracudas	11	13	24	12-13
YSPB-FG	YMCA of South Palm Beach CO.	15	4	19	14-15
YCF-FL	YMCA of Central Florida	12	5	17	16
LWRY-FL	Lakewood Ranch YMCA BlackFins	7	2	9	6-8*
YFFC-FL	YMCA of Florida's First Coast	5	2	7	9-11*