

Florida Swimming Senior Championships February 28-March 3, 2019

Meet Host: YMCA of Central Florida

Location: Rosen YMCA Aquatic Center, 8422 International Drive, Orlando, FL, 32819

Meet Format: 25-yard Course

The top sixteen (16) swimmers in the 15-16 year old age group and the top twenty-four (24) swimmers in the Senior age group will return in the evening Finals session EXCEPT for the 1000 & 1650 Free. All relays will also be swum as timed final events.

Finals Note: Please be aware per YCF team policy, all swimmers who qualify for Finals are expected to return in the evening session and compete for the team. We do not allow swimmers to scratch from Finals except for unexpected medical reasons with your coach's advance knowledge and permission. There are often penalties for scratching events in Finals which could include team fines and/or being removed from future events. Therefore all YCF swimmers who choose to sign up for this meet should be prepared to attend Finals.

Eligibility: This is a USA Swimming sanctioned meet and is open to any YCF Competitive and National track swimmers **who have achieved the qualifying time standards between February 23, 2017 thru February 24, 2019**). A list of qualifiers can be found on our team website (ycfswimming.org) under the Meets & Outings section. A swimmer's age will be determined by their age on the first day of the meet.

Schedule:	Thursday PM:	Warm up – 3:30 pm	Meet Starts – 5:00 pm
	Friday/Saturday/Sunday Prelims:	Warm up – 7:00 am	Meet Starts – 9:00 am
	Friday/Saturday Finals:	Warm up – 3:30 pm	Meet Starts – 5:00 pm
	Sunday Finals:	Warm up – 3:00 pm	Meet Starts – 4:30 pm

PLEASE arrive on pool deck in your suit and ready to swim 10 minutes prior to the warm up start times listed above for check in and last minute instructions.

Events: Please see the event list at the end of this document. Per YCF team policy, our coaches will make all event selections, however, swimmers are encouraged to communicate with their coach on events that they are interested in swimming.

Entry Limit: Athletes may enter no more than six (6) individual events for the meet and no more than three (3) per day. Each team is limited to two (2) relay entries per event.

Entry Fees: The entry fees below include all individual, relay, facility and team fees:
- \$21.00 facility, LSC & team fee per swimmer
- \$6.00 per individual event
- \$10.00 per relay event (paid for by the YCF team)

Payment Note: By signing up for this meet, you agree to pay all related entry fees as listed above. **Please do not attempt to pay for your entry fees at your YMCA family center.** Final entry fees will automatically be charged thru Active to your payment method on

file AFTER the coaches select events for our swimmers. If you do not have a payment method on file with Active, then the balance will be billed to your Active account and require payment prior to your next meet entry. By signing up for this meet you also acknowledge that all entry fees are non-refundable regardless of illness, injury or any reason that may not allow you to participate in this meet. Swimmers who sign up but then fail to attend the meet for any reason will still be charged for their entry fees.

Entry Deadline: All interested and eligible YCF swimmers must select which day(s) they can attend through your Active portal. **These selections must be completed no later than 11:59 pm on Sunday, February 24.** Late entries will not be accepted.

Awards:

Team Trophy:	Top 2 Teams
High Point Trophy:	Top Male and Female in each age-group
Individual Events:	Medals 1 st – 3 rd
	Ribbons 4 th – 8 th
Relay Events:	Medals 1 st – 3 rd

Awards:

Individual Events:	Medals 1 st – 3 rd
	Ribbons 4 th – 8 th
Relay Events:	Medals 1 st – 3 rd
Team High Point:	Award 1 st – 2 nd
Individual High Point:	Award 1 st in each age group

Concessions: Concessions will be available during this meet.

Apparel: All attending swimmers and parents should wear their choice of YCF Swimming t-shirt on Thursday, their **black** YCF Swimming t-shirt on Friday, their **gray** YCF Swimming t-shirt on Saturday and their **red** YCF Swimming t-shirt on Sunday.

Facility Note: As a USA Swimming approved event, this meet will operate with a closed pool deck per USA Swimming and Safe Sport rules. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations. We appreciate your help and understanding with this policy.

ORDER OF EVENTS

Thursday, February 28

Warm up: 3:30 pm Meet Starts: 5:00 pm

Women		Event		Men
1		15-16 1000 Free		2
3		Senior 1000 Free		4
5		Senior 800 Free Relay		6

***Events 1-6 are deck seeded and timed final events.**

Friday, March 1

Prelims: Warm up – 7:00 am Meet Starts – 9:00 am
Finals: Warm up – 3:30 pm Meet Starts – 5:00 pm

Women		Event		Men
7		Senior 200 Free Relay		8
9		15-16 200 Free		10
11		Senior 200 Free		12
13		15-16 200 Breaststroke		14
15		Senior 200 Breaststroke		16
17		15-16 100 Fly		18
19		Senior 100 Fly		20
21		15-16 50 Breaststroke		22
23		Senior 50 Breaststroke		24
25		15-16 400 IM		26
27		Senior 400 IM		28
29		Senior 400 Medley Relay		30

Events 7-8 & 25-30: are positive check-in events.

Events 7-8 & 29-30: are Timed Finals.

Events 29-30: will be swum as Timed Finals at finals on Friday night

Events 25-28: heats 1 & 2 will swim first, then any remaining heats will be swum after the 400 Medley Relay; Events will be swum fast to slow, fastest 3 heats circle seeded.

Saturday, March 2

Prelims: Warm up – 7:00 am Meet Starts – 9:00 am
Finals: Warm up – 3:30 pm Meet Starts – 5:00 pm

Women		Event		Men
31		Senior 200 Medley Relay		32
33		15-16 50 Free		34
35		Senior 50 Free		36
37		15-16 200 IM		38
39		Senior 200 IM		40
41		15-16 100 Back		42
43		Senior 100 Back		44
45		15-16 50 Fly		46
47		Senior 50 Fly		48
49		15-16 500 Free		50
51		Senior 500 Free		52
53		Senior 400 Free Relay		54

Events 31-32 & 49-54: are positive check-in events.

Events 31-32 & 53-54: are Timed Finals

Events 49-54: heats 1 & 2 will swim first, then any remaining heats will be swum after the 400 Free Relay; Events will be swum fast to slow, the fastest 3 heats will be circle seeded.

Sunday, March 3

Prelims: Warm up – 7:00 am Meet Starts – 9:00 am

Finals: Warm up – 3:00 pm Meet Starts – 4:30 pm

Women		Event		Men
55		15-16 50 Back		56
57		Senior 50 Back		58
59		15-16 200 Fly		60
61		Senior 200 Fly		62
63		15-16 100 Free		64
65		Senior 100 Free		66
67		15-16 100 Breaststroke		68
69		Senior 100 Breaststroke		70
71		15-16 200 Back		72
73		Senior 200 Back		74
75		15-16 1650 Free		76
77		Senior 1650 Free		78

Events 75-78: are positive check-in events; the fastest 1 heat by gender will swim during finals prior to Event 55.